

## **Nappy Changing** Reviewed September 2019

No child is excluded from participating in our provision that is not yet toilet trained. We work with parents to achieve toilet training unless there are medical or SEN reasons why this may not be appropriate. We accommodate children who are not trained by adjusting our bathroom provision and hygiene practice. We see toilet training as a self-care skill that children can learn in our setting with the support of adults.

### **Personalised Arrangements:**

Information is gained about children's toilet training progress on entry into Playgroup, usually as part of the home visit. In discussion with parents/carers the Key Person agrees personalised changing routines for children, including those in nappies or pull-ups. Where possible the Key Person or Key Buddie changes the child.

### **Hygiene:**

Changing areas are clean and comfortable and there are safe areas to lay young children down if they need to have their bottoms cleaned. All staff are familiar with the requirement to wear gloves and a disposable apron when they change children and comply with this when changing nappies. Nappies and pull-ups are disposed of hygienically. Any faeces are flushed down the toilet if possible and the nappy or pull-up is bagged and placed in the outside bin (or discretely outside if this is not immediately possible). Cloth nappies, trainer pants and clothes that have been soiled are bagged for the parent/carer to take home.

### **Respect and Self-Care:**

All staff ensure that nappy changing is a relaxed time, promoting independence in young children in every way possible. Young children are invited to take an interest in using the toilet (e.g. sitting on it and talking to staff or other children even if not yet using it effectively). Mild soap and towels should be available and hand washing encouraged even if cleaning up has already been done by the adult. Staff are gentle when changing, avoid pulling faces or making negative comments about children's competence or the contents of their nappy. Staff must never make inappropriate comments about children's genitals when changing them. Older children are encouraged to be independent and access the toilet independently when possible.

### **Safeguarding:**

Staff must keep the toilet door open and be within sight of another staff member when changing a child. They must never change a child alone with the door closed. Staff should recognise that it is common for pre-school children to be naturally interested in gender differences and want to discuss these, and aspects of family life, when being toileted or changed. Such conversations should not be initiated by staff, but responded to calmly and appropriately if they occur, remaining alert for information or observations that give any cause for concern.

**Date:**                      **Name:**                      **Signed:**                      **Review:**

**Date:**                      **Name:**                      **Signed:**                      **Review:**